

**2018 WRESTLING INFORMATIONAL LETTER
CHAPMAN ELEMENTARY SCHOOL MIDDLE SCHOOL**

Coach: Mr. Michael Wells

To contact (BUBBA)

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Welcome! We are glad you are here and hope you decide to join our team. Wrestling is a great sport, with a eight week season. By participating you will become a better person and a better athlete. You will work hard, but you will also have a lot of fun. We hope that you decide to be a part of our great tradition!

General information for participants and parents:

Wrestling is open for first to eighth graders. The season is eight weeks long, and there will be at least six tournaments. Sixth, seventh and eighth grade is the only students to compete in tournaments. The acceptance is the Homer tournament, and the Chapman tournament. There will be two tournaments set up for the first through fifth graders to compete one in Anchor Point, and the other in Homer.

Practice begins Monday January 8th and is held from 4:00 p.m. to 5:30p.m. (Please see note about student pick-up below.) The first practice will be used to see who we have from the 6th, 7th, and 8th grades, set up mats, cleaning, and basic standards. The library will be open for study hall, from end of school till start of practice. Practice times this year Monday thru Friday. The youth wrestling will start on the 9th. This is for 1st thru 5th grade will practice are Tuesday, Wednesday, and Thursday.

There will be a study hall before all practices on Monday thru Fridays for all wrestling students (not mandatory but encouraged). In this time we will work on all home work and check grades for eligibility. If student does not go to study hall they will have to go home after school and come back for practice. Study hall will be conducted in the library. If the student has no home work they will read to keep their AR points up.

Wrestlers will wear appropriate gym gear, shorts with no zippers or buttons, and shirts that are appropriate T shirts, no dress cloths, with indoor shoes.

- First thru Fifth grades will practice only three days a week. On Tuesdays thru Thursday from 4:00 to 5:30 PM.

Philosophy

Our philosophy for wrestling at Chapman is quite simple – we want our kids to be challenged, to work hard, to have fun, to learn how to be a part of a team, and to be successful. Success will look different for each wrestler: for one it may be winning one match while for another it may be going undefeated for the season. But success isn't meaningful if it comes too easy, so we push the student to achieve their very best while maintaining a balance that this is middle school and not high school wrestlers. Thus in the midst of the hard work we mix in fun. While we celebrate individual success we constantly stress the fact that we are a team, and the team as a whole is more important than any one individual. Wrestlers of all abilities are welcome. We stress fundamentals so both the experienced and the new wrestler will be able to improve and grow in their skills.

Coaches

There are high school wrestlers that will be assisting in teaching and training the wrestling team. There will be high school wrestlers Wayne Newman, Luciano Fasulo, Kyle Wells, and Allison Wells. Assisting the team when he can is Coach Mick Wells. He will be in and out with work. All these coaches are competitive wrestlers that have wrestled for 7 to 12 years of experience.

Student Pick-up

Please arrange to pick up your student at 5:30 PM we request that you pick up your wrestler on time. All wrestlers are to be picked up by 5:45 PM at the latest.

Academic Requirements

With all school sports, there are academic requirements to participate in wrestling. The student must maintain a "C" average. If the student grade falls below a C they will not be able to participate in these sport activities until it is brought back up. My goal as a coach is have the team maintain an A-B average.

If your child wants to participate in Wrestling, you must fill out and attach forms with \$60.00 participation fee and turn in to the front office. The participation fee is for 6th 7th and 8th grades only. **Your athlete will not be able to practice until the paper work is filled out and returned.** (fee paid by the tenth practice.) There is no fee for the youth program, but paperwork has to be turned in before student can wrestle.

This will be a successful year for Chapman wrestling. I will try to send out a weekly news letter each week on how the team is doing and upcoming events. If you have any questions please call me at 299-6433 or e-mail me at bubba.wells1@yahoo.com.

NOTE: Weight class are 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 132, 138, 145, 155, 167, 190, and 275.

Thank You,

Bubba Wells, Coach

APPENDIX A

CO-CURRICULAR PARTICIPATION CONSENT FORM
MIDDLE SCHOOL WARNING, ASSUMPTION OF RISK
And
HOLD HARMLESS AGREEMENT

This form affects your legal rights and responsibilities. Please read it carefully before you sign it and ask questions if there is anything you do not understand.

Student Name (Please Print)

School

Date

FOR ALL SPORTS AND ACTIVITIES

I understand that all co-curricular activities have a certain degree of risk. I also understand these risks may include injury ranging from minor sprains and contusions, to major injury, possible paralysis, or even death. I understand the possibility of serious injury may impair my future abilities to earn a living; to engage in other business, social and recreational activities; and to enjoy life generally.

Having read and understood the above warning, I recognize the importance of following coaches' instructions regarding playing techniques, training and other team rules, and I agree to obey such instructions.

I have read the Kenai Peninsula Borough School District activity guidelines and understand their contents. I understand that the Kenai Peninsula Borough School District and Alaska School Activities Association will not assume responsibility for injuries sustained in the co-curricular programs. I also understand that primary accident insurance coverage is my responsibility. I give consent for emergency treatment to be administered to my child. I also authorize the school to transport my child for any co-curricular activity.

Except for claims arising from the sole negligence or willful misconduct of the school district, I hereby agree to hold the Kenai Peninsula Borough School District, its employees, representatives and coaches, harmless from any and all liability, actions, debts, or claims of every kind whatsoever which may arise by or in connection with participation of my child/ward in activities related to the above mentioned middle school programs. The terms hereof shall serve as a release for my heirs, estate, executor and all members of my family.

Having read the above warning and having understood the dangers and potential risks involved in playing or practicing these activities, I give my consent as the parent/legal guardian of _____ (student's name) to participate in the following program (circle one only):

XC Running

Soccer

Basketball

Volleyball

Wrestling

Nordic Ski

Track

Student Signature

Grade

Date

Parent/Legal Guardian Signature

Date

Note: If you are a KPBSD Connections student, you must obtain the signature of the Connection's Program Director for each activity you participate in and leave a copy of this form in his/her office.

Connections Program Director Signature

Date

APPENDIX B

MIDDLE SCHOOL
CO-CURRICULAR PARTICIPANT USER FEE CONTRACT

Student Name (printed) School Grade Date

Activity Fee Obligations

In an effort to supplement available state and District funds for our co-curricular programs, a fee will be collected from student participants. This revenue will be used to cover travel and official costs, additional coaching salaries, as well as replacement of equipment and uniforms. The student shall pay the appropriate fee by the beginning of the activity in order to participate. In the case this deadline cannot be met, the student must make specific arrangements with the athletic director. Payment of the user fee provides **for participation only** and **does not guarantee playing time** in competitions, or any similar guarantee.

ACTIVITY FEE CHARGES

Middle school students shall be charged **\$60** per activity.

The activity your child is participating in at this time is:

XC Running Soccer Basketball Volleyball Wrestling Nordic Ski Track

Refund of Activity Fees

Full Refund: Students who are cut from a co-curricular activity during the first ten (10) days of practice will receive a full refund.

Prorated Refund: Students injured or having special extenuating circumstances during the same activity season will receive a prorated refund, the amount of which will be determined by the coach and athletic director/administrator.

No Refund: Students who quit and/or withdraw from a team due to disciplinary reasons will not receive a refund.

I have read and understand the above terms and conditions and agree to abide by the same.

Student Signature

Parent/Legal Guardian
Signature

Date